

BEFORE THE IOWA DEPARTMENT OF PUBLIC HEALTH

DIRECTED TO:) [insert case #]
)
[insert full name and)
address of subject of order]) **HOME QUARANTINE ORDER**

The Iowa Department of Public Health (Department) has determined that you have had contact with **Novel Influenza A H1N1**. **Novel Influenza A H1N1** is a disease which is spread from person to person and is associated with **fever (greater than 100.0 F), cough, sore throat, rhinorrhea (runny nose), nasal congestion, body aches, headache, chills and fatigue**. **Novel Influenza A H1N1** presents a risk of serious harm to public health and if it spreads in the community severe public health consequences may result.

The Department has determined that home quarantine of persons who have been exposed to **Novel Influenza A H1N1** is necessary to prevent further spread of this disease. The Department has determined that quarantine in private homes is the least restrictive means necessary to prevent the spread of **Novel Influenza A H1N1**. The Department is therefore ordering you to remain in your home and to comply with the following provisions during the entire period of quarantine:

1. **Terms of confinement.** You are ordered to remain in your home at _____[insert address] from _____ to _____[insert dates of quarantine].
2. **Requirements during confinement.** During the period of quarantine:
 - a. You must not leave your home at any time unless you have received prior written authorization from the Department to do so.
 - b. You must remain reachable by telephone at all times and answer and respond fully and truthfully to telephone calls from Department staff and other persons acting on behalf of the Department.
 - c. You must not come into contact with anyone except the following persons:
 - (i) family members and other persons who reside in your home;
 - (ii) authorized healthcare providers;
 - (iii) authorized Department staff or other persons acting on behalf of the Department; and
 - (iv) such other persons as are authorized by the Department.
 - d. If family members or other persons who reside in your home have not been issued a Home Quarantine Order, they may leave your home to carry on their daily routines and to assist you with any needs you may have during the period of confinement. If you live alone, or if every

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member of your household is under Home Quarantine Order, you should arrange by telephone for relatives, neighbors, or friends to assist with any needs you may have during the period of confinement. These persons should not have direct contact with you. If you need assistance in providing for your daily needs, you should call [insert telephone number]

- e. You must follow the directions contained in the attachment to this order labeled Attachment A to monitor your health status on a daily basis.
- f. If you develop any symptoms of **Novel Influenza A H1N1** detailed in Attachment A, including with **fever (greater than 100.0 F), cough, sore throat, rhinorrhea (runny nose), nasal congestion, body aches, headache, chills and fatigue**, you should immediately call a public health official at [insert telephone number]. If emergency medical treatment is required for conditions other than those listed in this paragraph (e.g. chest pain or severe accidental injury at home), you should call 911 for an ambulance. When seeking such assistance, you must inform the operator of the 911 line and the ambulance that you are under Home Quarantine Order.
- g. If other persons also reside in your home you must maintain good personal hygiene at all times, including complying with the directions contained in Attachment A, to prevent disease transmission. If any member of your household develops any symptoms of **Novel Influenza A H1N1** detailed in Attachment A, such person should immediately call a public health official at [insert telephone number].
- h. You should inform your employer that you are under home quarantine and are not authorized to physically come to the work place, although you may work from home via electronic or other means if appropriate. You should be aware that Iowa law prohibits an employer from firing, demoting, or otherwise discriminating against an employee due to the employee's compliance with a quarantine order issued by the Department. (Iowa Code section 139A.13A).

3. **Information about Novel Influenza A H1N1.** You should review the information contained at Attachment A for information about **Novel Influenza A H1N1**. In order to find out more information about **Novel Influenza A H1N1** and its symptoms and spread, you may access the Department's web-page at www.idph.state.ia.us. If you do not have access to the internet from your home, you may contact the Department at 1-800-362-2736.

4. **Legal authority.** This order is issued pursuant to the legal authority contained at Iowa Code chapters 135, 139A, and 641 Iowa Administrative Code chapter 1, a copy of which is labeled Attachment B and is attached to this order for your review. The Department shall comply with the principles for quarantine contained in subrule 1.9(3) of this attachment when issuing and implementing this order.

5. **Ensuring compliance.** In order to ensure that you strictly comply with this Home

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Quarantine Order the Department or persons authorized by the Department may contact you by telephone on a regular basis and may carry out spot checks of your residence.

6. **Violations of order.** If you fail to comply with this Home Quarantine Order you may be ordered to be quarantined in a hospital or other facility as determined by the Department. In addition, failure to comply with this order is a simple misdemeanor for which you may be arrested, fined, and imprisoned.

7. **Your rights & appeal rights.** While under quarantine you have the rights as described in subrule 1.9(8) of Attachment B. In addition, you have the right to appeal this order pursuant to subrule 1.9(7) of Attachment B.



DIRECTOR or MEDICAL DIRECTOR
IOWA DEPARTMENT OF PUBLIC HEALTH
Lucas State Office Building
Des Moines, IA 50319

DATE

Attachments to this Order:

Attachment A -- Facts About **Novel Influenza A H1N1**
Attachment B -- 641 Iowa Administrative Code chapter 1

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